

Salad Bar in my Refrigerator!

I know I need to eat more vegetables and I love salads, but I don't like dragging everything out of the refrigerator and chopping it up to make it every time I want one! And I do love salad bars, so I made one for my refrigerator!



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So now there are no excuses not to eat those vegetables!

I started with one of those containers that are designed for veggies and dip. I took the center container out so I had another place. You can put in whatever you want, but here is what I used:



Fill yours with whatever you like in salads – olives, baby corn, green onions, sunflower seeds, edamame, and more. Fill the pockets, cover and just pull it out when you want to assemble your salad!

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